SIGMA Assessment Systems

Stop, Start, Continue Feedback Template



In the space provided below, enter your goal and indicate corresponding actions or behaviors that you will STOP, START, and CONTINUE. Plan how you will engage in each behavior and set an achievable timeline for when you would like to have them completed.

GOAL:		
STOP:	START:	CONTINUE:
What	What	What
How	How	How
When	When	When

